

# Bio-Data



Dr. Savita was born in the year 1965 at Kota (Rajasthan), She had earlier education at Kota and completed her MBBS in the year 1989 from Rajasthan University. Initially, she practised in various cities such as Udaipur, Kota, Dungarpur, Indore and Mount Abu. In 1991, she joined Global Hospital & Research Centre, Mount Abu and gave her honorary services till 2000. From 2001 till now she has been giving her honorary services in Brahma Kumaris Ishwariya Vishwa Vidyalya's Headquarters and also is a family physician to Reverend Dadi Prakashmaniji, Chief Administrative Head of Brahma Kumaris.

She has been deeply interested in spirituality since childhood and came in contact with Brahma Kumaris during 1975. She adopted the complete spiritual way of life in service of mankind since 1990. She has great interest in bringing awareness to people about their health and spirituality.

She has travelled widely in various parts of India to educate people about healthy lifestyle & Meditation. She also coordinated national level programmes of Women Wing of Brahma Kumaris. In the year 2001, which was declared as Year of Women's Empowerment by Indian Govt., she participated in "All India Women Spiritual Empowerment Campaign", organized by Brahma Kumaris for upliftment of women.

She is a faculty member of Brahma Kumaris Academy for a Better World and delivers lectures on Mind Management, Stress Management, Healthy & Happy Living, Meditation as Medicine, The Art & Science of Positive Thinking, Self Empowerment, Leadership Qualities, Anger Management, etc., etc.

She has delivered more than 100 lectures and conducted workshops in various organizations, Medical & Engineering Colleges, various schools, jails, etc.

She has also participated in many National and International Conferences organized by Brahma Kumaris World Spiritual University.