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GRC, Oxford

Dadi Janki, Chief of Brahma Kumaris –Evening Interview

Q. It's been two years since Baba gave you this new job. What observations have you had so far?

A. Baba has been giving love, and everyone has been taking that love. I am seeing that everyone is very good. When I see them as very good, they even become better. This is what I am learning. Baba has a lot of patience. He says: it's all right, they will all be all right tomorrow. He sees the children's weaknesses and gives special drishti so that children's obstacles can be removed. The children are learning how to draw the Father's love.

Q. Caring in the BK family takes on many forms. Can you comment on how to do this from the physical to the subtle. ?

A. A careless nature doesn't allow one to take care of themselves, nor of others. Because they don't care for themselves, they go into waste thoughts and become lost in hopelessness. Let alone caring for other people, when someone cares for you at least appreciate that. Baba has taken such good care of me that at least I can maintain my stage in such a way that I can say: Baba, I am taking care of myself. Do not waste your time or thoughts. When your thoughts and time are saved, you will be able to take care of others. I don't like to complain about people, but I do have a request: Please, take care of yourself. Don't waste your time and your thoughts. Use them in a worthwhile way. If my nature is not careless, others will automatically receive care from me. This is extremely subtle. Use your time and thoughts in a worthwhile way. It's because of body consciousness. that these two are wasted. When you realize this, that's when you start caring. Physical caring is a separate thing, that's on the surface, but the real care comes from within. Food, clothing, lifestyle, Baba has given so much guidance in these mundane things that no one else in the world has. You are Baba's children, so be happy. Don't start making plans: oh, we'll do this, that or the other. Stay in peace and silence, that's all we can do. With our activity and our face, the attention of others should be drawn to what they should be doing. This is offering care. This time Baba has drawn our attention a lot. Carelessness and laziness are at the root of all sicknesses. If there was this realization my sicknesses would finish, and there would be benefit for everyone else as well as me. So, chase away laziness. The atmosphere should be so powerful that no one should feel lazy.

Q. Wandering spirits are increasing in the world. Could you tell us how to discern this influence, protect ourselves and help others?

A. In 1970, Baba spoke a murli on this. There is the influence of external spirits when I have some type of evil inside me. First of all, when there is something evil within me, it uses me. So, I have to check deeply within myself: what does evil mean? Why is there this concept: speak no evil, hear no evil, see no evil, and think no evil.

When there is evil in my thinking, there is greater influence from people outside. And, this influence of evil from outside is so powerful that we think this is how it is, it's normal. There's no soul consciousness. I might even be giving knowledge of the soul to others, but

not experiencing it. The soul should be sparkling. Let there be that deep awareness that I am a soul, and you will go up above and the evil will be chased away. We now remember that Baba has taken us in his lap first of all to make us into Brahmins and then deities. A true Brahmin never comes under the influence of any evil. An ordinary one will.

Evil can take on two forms: it can attract you or it can cause fear in you. When you are tempted by something, you think you are safe in that attraction. The words, "stay safe and stay clean" keep echoing in Dadi's ears. If there's the slightest mixture, evil will take advantage. In front of evil come joking and frivolity, and evil takes support of them. God says to the soul: take power from me. No matter whether you have any other knowledge or not, all you have to do is to say I am a soul and that Baba is the Almighty Father. Baba once pointed at me in a gathering and asked: are you taking all might from the Almighty? Since then, I have experienced God's grace and I neither fear anyone nor am I attracted by anyone. I will only do what Baba asks me to do. I will not be tempted by anything else. I have only used Baba's versions, so no evil can come in front of me.

Baba has said: Child, your catching power and touching power should be accurate. I should be touched when I can help in some way. My help might just be by giving powerful vibrations. Sitting in one place I can help someone. My attitude should be one that creates a powerful atmosphere.

Let me not just remember Baba, but Baba should be with me. An evil force works on me when I become separated from Baba and am alone. It makes me alone. It draws me to itself, makes me fluctuate and makes me mischievous. The evil in another attracts the evil in me and we make mischief. That's why Baba always says: make me your companion. What is there to be afraid of?

Evil only comes when I have the ego of "I" and the attachment of "mine". This evil of "I" and "mine" will not allow us to become angels. Angels should protect others, and others should have the feeling that those who are protecting us are above us. The understanding that is needed for this is: have I become free from "I" and "mine"? Otherwise, evil sneaks in some way or another.

So, first of all there is evil within me and evil somewhere else, and they get together and have fun. Evil looks for you when you are alone. In the gathering, it leaves you alone. No matter how much service I do, there mustn't be even the slightest ego. Then you will remain safe and clean. Then you will not perform any inappropriate action. Don't think of yourself as a strong male or a weak female, think of yourself as a powerful soul.

Q. Any tips on how to believe oneself to be a powerful soul?

A. Just as God is the seed, we have to create the seed stage. God has the absolute power of the seed form, with knowledge of the entire tree, and says: you souls too should emerge this knowledge. You can do this in silence. The seed has the power of silence. When this power goes into the roots, the knowledge goes deeply into the roots; that is, into me deeply, then everyone receives power. I become absorbed in the feeling that I am deep and incognito underneath the tree while everything is receiving power. I, the soul, am the support of the whole tree. The soul who does this is emerging its original, eternal sanskars. The detail is huge, but this is the essence. Dadi remembers saying to Avyakt BapDada: you are my world. Where is the Subtle Region, after all? It's inside. Go very deep inside

and experience that subtle complete stage inside just as Baba has that stage. One form of Baba is the seed form, the other is the avyakt stage. This is my world inside; there is nothing else. So, I said to Baba: you are my sansar (my world), can my sanskars become like yours? Baba said: you will have to create those yourself. Since then, I have been aware that I have to make my sanskars like Baba's. The mind, intellect and sanskars in the soul were previously affected by my relationships. Now, I have become free, and they can become like the Father's. The essence is to make our sanskars like the Father's by using our mind and intellect. We will have the kingdom of the future, but we will have sovereignty now. If I wish, I can sit on Baba's heart throne and do the work, or I can merge into His heart. To make Baba your friend, and make Baba the friend of others is service. Otherwise, if you do things from your head, sometimes your face shows one thing and sometimes something else.