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Interview with Dadi Janki during UK Teachers Retreat

Q. Baba says you try to make the ball come to you, so that you can kick it. This game will continue. Do we just let things happen/go with the flow? Or do we try to manipulate the drama?

A. When a situation comes in front of me - let me not feel intimidated by it. Just keep letting go and move on. This should be come natural for you. Don't ask 'why?' Everyone has their own part and role in the drama. Some people are meant to throw or kick the ball towards me. That's just the way it is. I can't do anything about it. Even if they keep kicking the ball towards me again and again, just let them do it. Baba used to teach us how to wrestle, how to play tug of war. We used to enjoy watching it ! Now a days we don't play such games but instead there is the game of sanskars. We must say 'Why are they doing this?' We should remain cheerful whilst observing this game too !

Q. What is the karma needed to know the Father? Baba says when the intellect is tamogunni then it is not possible to know the Father. As BKs, we know Baba numberwise. What is the karma needed to know Baba as he really is?

A. If we get caught up with this whole thing to do with karma, to begin with, then it will take a long time to recognise. Our karma happens as a result of, our sanskars that have been formed over numerous births, the atmosphere of the world, our desires. The world is tamogunni. Sanskars are tamogunni. This is why we today The soul says to the Supreme soul : " You are my Father.' When the soul says to the Father 'You are mine' the soul in that very moment completely changes inside.

When I recognise and understand how it is that the intellect becomes tamogunni, rajogunni and satogunni then the intellect endeavours to become satogunni so that from there it can move to a higher place of being satopradhan. Once the intellect recognises Baba it becomes satogunni. I recognise that the Supreme, the Highest on High authority, the One who no one else knows - is my Father. I become satogunni from tamogunni and I also become separate from the tamogunni world. The quality of my actions changes. When the intellect is tamogunni I don't like anything. Even good things I consider to be bad. When we have a rajogunni intellect we like things sometimes and at other times we don't. When the intellect is satogunni though it selects and holds on to only that which is good. Everything else it sets aside. A swan selects that which is good. Saraswati is known to ride a swan. A knowledgeable soul becomes knowledgeable. I might have knowledge but if my intellect is not swan quality it can revert back to being rajogunni. When there is full knowledge then I only take that which is good. This is an aspect of good fortune. To hold and imbibe knowledge though, you first have to become pure.

Q. What is needed to change sanskars? Is it seed stage or volcanic stage or is it about developing a new pattern of personality through right action?

A. The seed stage means to put a full stop in a second. My Baba is so pure, so peaceful - to deeply experience is to experience the seed stage.

When volcanoes are erupting you can be seen from afar. They draw people attention. In the same way let the my practical activity and vibrations draw peoples attention. One who has such a stage internally makes honest effort - the power and the vibrations that are generated because of this draws people. Such souls recognise whose child they are and because of that they have very deep love. That love makes their sanskars melt and change. Because of this they have the feeling that others too should experience this wonder.

Q. Baba mentioned in the blessing that we need to know the secrets of the drama. To help us/stop us from becoming upset are there any secrets that you would like to tell us about?

A. If I always want to stay content it is said that I need to be gyanyukt. Those who are gyanyukt (embodiments of knowledge) will be योग्युक्त and those who are योग्युक्त will be gyanyukt. In between we must be राज्युक्त (the ones who understand all secrets)I may have gyan but if I don't have yoga I won't be happy inside. If I don't know the secrets I won't be content.

In my personality the knowledge of the soul and the Supreme soul should be really firm. When it comes to knowledge of the soul Baba tells us about the distinction between the soul and the body (even a mother is aware of the moment the soul enters the body of her baby). Baba has explained clearly that the soul is located at the centre of the forehead. He tells us about Mind, Intellect and Sanskars: the mind should be Manmanabhav; the intellect should keep the aim in front; the sanskars are being transformed.

These are the secrets of the knowledge that allow me to become swdarshanchakradhari, such that I will not become upset. Those who look at others, blame and criticise etc. get upset. It is difficult for them to stay happy and difficult to make them happy.

If someone is not happy, I cannot do anything. There will come a time when they will be happy. The secret is ... be patient! For example, if someone who used to be regular at amrit vela is no longer so, I just keep giving regard.

Nowadays the return is instantaneous - whatever I think, it will come into my form; the words I use with others they will use those same type of words with me. Even someone thousands of miles away can receive good vibrations - while someone directly in front may not...but what can I do? I just think...it is OK, they are good. This is royalty and reality.

Q. We hear a lot about subtle service. We understand to some degree about it. Can you share some practical ways how you serve subtly. What you actually do with your consciousness so that we can learn and copy?

A. I have to be one who checks the self subtly and pays attention to the self in a very subtle way, not in a superficial way but in a refined way, one who goes deep inside. This is known as becoming the form and the very embodiment of that being that originally is truth (sat), the one that is the living chit), the one the is bliss (anand). It is in the chit that there is awareness, consciousness. It is the chit that remembers. Truth subtly enters the chit; falseness then finishes. Baba had said that fire is such a thing that when you put something old in it, it completely changes its form. That fire is not simply having love for Baba but it is a when that love is so very deep and intense, a love where you where you really want to hold on to Baba - it is again a very subtle thing. Then Baba fills His truth and love in the soul. With

truth, when there is that real love it pulls like a magnet. This love that is born out of truth pulls many souls automatically. It begins from inside and then it is filled from up above. Baba is the unlimited and so with that unlimited attitude this love goes far and wide, able to reach anywhere and everywhere.

Once Dadi was meeting a VIP and she had been told not to mention God. However during that meeting it was traffic control and so they stopped for a few moments. The deep silence in those few moments deeply touched that soul in a way that Dadi was then able to share original gyan for the next hour. Till today, that soul remembers that experience and in fact all that they heard is what became the support and what sustains them in their life. At that time there was a war going on and this soul asked Dadi what the Bks response was. Dadi shared how Brahma Baba had told them that the world needed to be given peace. She said: 'We don't read the papers or watch the television and then talk about what's going on but we feel that we must instantly send those vibrations of peace. Its very subtle: internally I have to remain clean, then draw power from Baba and then allow it to reach others

Q. I believe there are millions of wandering, confused, sad, suffering or destructive souls. Tell us your thoughts on them, how they arrive so, about influence and about control. Soon we will have to face and deal with this issue, as Baba tells us, How can we protect ourselves and how can we release these souls as well?

A. Firstly, no matter what the souls of the world may be like, it is not their fault. The world is tamopradhan, so are their sanskars and so too is their company. How did all of you change? Baba caught hold of you in some way. Each one should look at their own story of transformation. Did you know that you were going to find God and receive peace? I see how Baba sent us to the West to become a bridge between East and West. I have seen again and again how people have a blockage inside and tears continue to come, because the old pain hasn't gone. Secondly, there are bondages. You say, "I want to do something but..." According to my sanskars is my karma, and according to my karma are my bondages. With this understanding we cut away our bondages in order to go on a good path. Have this thought: I am not going to be stopped by anyone. In my personality there is purity and simplicity. It is my simplicity that cuts away my karmic bondages. My inner purity finishes all my desires and so I become royal and real.

Then what happens? Then there are barriers. If you are royal, then the barriers get removed. Many times I have experienced how people create a path for me automatically. At the airports some peoples job is to check you. If there is something hidden then, then of course there will be a blockage. If everything is clear, then I will be fine. There are no barriers.

So what do we then become? We become the bridge that carries souls across and beyond.

Let Baba perform heart surgery to remove the blockages, so that you can say, "Baba, it's ok now. I am fine. I can do anything that you ask of me."

Q. Dadi, because of your sanskar of benevolence, does your consciousness make your subtle body available to others, possibly without your direct awareness, maybe even directed by Baba, giving teachings, directions, etc? I was thinking about how other groups tune into subtle beings and there is a dissemination of subtlety and truth.?

A. Baba says that you should have the sanskar of being the Mother and the Father. The sanskar of a mother is of merging everything inside. Some look at others and say, "This is one is like this, this one is like that," Don't say that. If I am like that with people, they will play games with me. If I am the Mother, people will get the message and will feel that they belong here; they once were lost but now they belong here. I have this vision that every soul will feel that "God has come to take us," and say, "God, this is your wonderful game." Souls will not go back sorrowful. God will not say to them: "Why did you make destruction happen?" They did the work of cleaning everything out. Nor will God blame natural calamities. Earthquakes happen and the ocean overflows in order to clean everything out. God has this amazing speciality that human beings do not have: He does not blame anyone. For souls of the world He says : "Your part is finished now. Let's come to the land of mukti. When it is your part again, you will come down." For us He reminds us: "If you want to attain a high status, follow My shrimat." Baba gives very clear directions - where we have to go and how we have to go there. The destination is high but we will get there on time, if we follow the directions. I should also have the determined thought that I am not going there alone; many others will go with me. Remain loveful and lawful. If you just keep enforcing law, you will become anxious and make others anxious. Stay loveful and follow the Godly laws of purity, truth and manners. Move comfortably -don't keep fluctuating. If clouds come, go past them. Baba gives shrimat individually for each one. Don't follow the dictates of your own mind or the dictates of others. The one who follows manmat and does not follow shrimat cannot make the intellect elevated. Some aspects of manmat are the thoughts of earning money, having a position and ideas from the scriptures. To get caught up in useless things means that you are unable to follow shrimat - and you may influence others in this way. If you become impressed with someone else's directions, then shrimat is out but your own inner directions are out too.

Baba is responsible for us. He gives us signals at the right time. Children who conduct their life according to Baba's signals always remain safe and show the path to others. Baba sees their effort and helps them transform. Seeing my transformation many others will be transformed. I don't need to come into words. I should be inspiring others. I have seen in the past few days how many others have experienced transformation. Why have doubts in yourself? It's only because you haven't accepted what shrimat is with love from the heart. Baba pulls your ears, so that you hear but you don't hear and haven't the courage to transform. I have to transform myself; one finger should point towards the self and the other upwards. Thirdly, we should give signals to others that we are going, so you can come too. That's all. There is nothing else.