

23rd April 2006

GCH (pm)

### **Interview with Dadi Janki**

**Q. Dadi says she doesn't do things to please the world or other people but because she wants to be real. Please tell us more.?**

A. Whenever something comes in front we have to verify it with Baba in a very incognito way. Otherwise Baba will say; wait, there is time yet. If He wants you to do something a clear feeling will definitely come. Verify with Baba and there won't be confusion about what to do. No-one can tell me that I have to do anything. I will not do anything just because someone tells me or to please them. This is an incognito power; not just to do something that I feel is not right just to please another person. There has to be the determination inside to do what is real. Success is merged within this. Dadi doesn't think about what she has to do tomorrow or in a month's time. Even if someone asks; I say 'Wait and see'. There is no need for me to use my energy in this way. This requires understanding; it is not a question just of thinking about it intellectually. When we think very fast, we don't verify things with Baba and we don't remember His directions. When we remain peaceful inside then we remember Baba's directions.

**Q. During traffic control are you strengthening your own reality at that time? What goes on for you at that time?**

A. At traffic control we need to control our traffic; to be silent. When you see a red light you stop and when the light is green you move. We receive a signal at that time to become peaceful. When we think too fast we can have an accident. We have not only been told not to worry but not to think too much. We have a big family; we should not have attachment but we do need to have spiritual love for each other. When Dadi doesn't see someone in the class or amrit vela, she doesn't worry about them but she can enter their thoughts and remind them. If someone is not sitting in yoga with attention, Dadi will draw their attention. When Baba saw that someone was not attentive in yoga he would give them powerful drishti to draw their attention. Baba is detached but He has a lot of love and mercy for us; He wants to see us making the right effort. He pays attention to us but has no tension.

**Q. We have to become complete by October so if someone came to Dadi and asked about their weakness, would you tell them? If we don't recognize our own weakness then how can we change?**

A. Those who sit in Baba's remembrance at amrit vela and check their chart and say 'Goodnight' to Baba, are able to know their own weaknesses. Those who understand their own weaknesses will pay attention. The greatest carelessness is that someone doesn't look at their own weaknesses and yet they make and keep a list inside themselves of other people's. In fact, by seeing others' weaknesses you become weak; by keeping those inside you lose strength and cannot see your own weakness and finish them. Dadi has always placed her own weaknesses in front of Baba. I don't keep others' weaknesses with me or talk about them. If I do something wrong, I myself am to be blamed. If I keep doing good then my own conscience won't bite; I won't feel guilty. If you feel guilty you won't be able to show your own face. Even if someone has weakness I should not keep it inside. I have to make myself so powerful that the atmosphere stays powerful and they get help. Let me not have dislike or be impressed. It is a great weakness

to have dislike. It is my own weakness to say someone else is bad. By seeing and thinking that, I myself become bad. It is as if I allow myself to be infected by their weakness. And if I keep praising someone then where is God? These two weaknesses don't allow me to take power from God and I become weaker and weaker. Such souls look empty. In fact, Dadi doesn't have time to look at your weaknesses. You should be able to realize for your own self by checking yourself. Even when someone asked Baba to tell them what their reward would be, he would say; you see yourself and tell me.

Throughout my life, I have always looked at my own weaknesses and tried to finish those. It takes effort to climb onto Baba's heart and once you come off, it is difficult to get back on. We come off when we are careless in following Baba's directions. If I study accurately and stay within the code of conduct then I will never come off His heart. If someone is developing attachment with me, I don't allow them. I don't need to feel sorry for anyone because if I feel sorry and they fall, I will fall with them. No, let me remain detached. In this aspect I remain Kali. The Sun gives rays and I have to take light from those rays or I will never get rid of my sickness. Baba used to say that the cure for all sickness is a sunbath. All of us have to become lovely; cool, peaceful and loving. With the rays of the Sun I have to become very serene. There has to be newness in my life. Our aim is to become angels isn't it? One is not to see the weakness of others but to see one's own weakness and to underline the need to remove it. The gathering actually helps me to remove my own weakness. We used to be able to talk to each other about our weaknesses in the early days but nowadays no-one is ready to hear.

**Q: How can we get a greater sense of our subtle form and use it more powerfully?**

A. The basis of our yoga is the quality of our intellect. The mind will become peaceful when the intellect can concentrate. If I cannot concentrate then I will never be able to take power from Baba. To keep the intellect pure and serene with the power of yoga is a wonder. If I recognize the importance of the power of concentration then I will keep my intellect plain which does not mean dull but like a seed with everything contained inside it. You look at a seed and there is nothing visible from the outside. In fact, when the intellect is plain then thoughts have power in them. God fills His own power in such an intellect then I don't use my own mind. Such a soul experiences the canopy of protection and there can be no influence of negativity. With the power of concentration, the intellect becomes very deep. The soul then has God's power and is not influenced by its own sanskaras.

God brings us in relationship with Him and frees us from bondages. We are free from bondage and have elevated relationships this is what jeevanmukti actually is. Billions of souls are going to be liberated but we are also going to become liberated in life; however, many are dangling in between. Neither are they free from bondages nor do they have elevated relationships. Many can't let go because they are scared of losing their position, wealth, relationships. They don't experience that they are alone and that they have to go home alone. Some have experience because of faith and some increase their faith because of experience. When there is experience, my character and face change and everything seems easy. There should be gyan and yoga in my experience. For this there has to be the deep intense desire to become satopradhan.

A tamoguni intellect will pick up only rubbish, a rajoguni intellect will pick up some good things and some bad. One with a satoguni intellect is like a swan. If you allow yourself to pick up the rubbish of others, you will also become tamoguni. Then you won't like to sit here. You will feel ill when it is time for class. Why? Because you became rajoguni and perhaps

even tamoguni by picking up the rubbish of others. Some think they are satoguni but they are not. A satoguni person will focus on keeping themselves clean because they know that otherwise they will not have good yoga at amrit vela, their relationship with the family will not be good and they won't be doing true karma yoga. Someone with a satoguni intellect will receive a lot of love from Baba. Even if they do a lot of service they will not get tired because of Baba's love.

One who lacks tolerance gets upset very quickly. It's as if tears seem to be waiting to come out. Those who have tolerance are content, sweet and humble. Those who have tolerance will always say that everyone and everything is alright. One who has tolerance and contentment will become a deity. One who has no tolerance will become a warrior. Even if there is something you need to talk about with someone, then one minute later, you should give them drishti and finish everything.

One is to understand the self, the next is to understand Baba. Understand these two and you will be able to understand others. Souls get tired saying they don't understand. Learn not to get tired quickly. Truth, love and co-operation are what make a soul an easy yogi. You reduce your own value and marks by looking at others. Tolerance and contentment increase my marks. My marks should be good in all four subjects. We should not just want to pass but to pass with honour.

**Q: If someone comes close to Dadi now, does that mean they will come close in the future?**

Many stay close with the Dadis but actually are not spiritually close because they are not honest. What does it mean to be close? Close to Baba. In 30 years I was not often physically close to Him. But wherever I may be, I cannot stay far from Baba through the intellect. It is through remembering Him then we stay close. Manmanabhav is subtle and madyajivibhav is even more subtle. I may be sitting in front of Baba but if I don't remain madyajibhav then I am not really close. Those who have the aim to become a lover and beloved with Baba are the ones who are close to Dadi. It is 37 years since Baba became avyakt but there is still the feeling of closeness. Soul consciousness makes us close and body consciousness makes us far.

Some go far away and don't know how to become close again. For this, they have to realize their mistake and make deep spiritual effort. They should not spend time in repentance but ask for forgiveness from Baba with the true feeling that they want to be embraced by Baba again. However, they need to realize that they made a mistake. If it takes time to realize my mistakes then it takes time to come close to Baba again. The family will ask; well, what did this one do? But when they see that you are making deep effort from your heart then the family will accept you. This means that you have to be very real. In fact, we have to solve whatever comes in front and claim a prize. We used to have chit chat like this with Baba.