

24th June 2005

GCH, London

Wake Up.... Time is Calling You (public programme)

Interview With Dadi Hridayamohini

Q. What can the experiences you had with Brahma Baba teach us?

A. The experiences I had as a child were amazing and unique. I feel fortunate to have claimed my inheritance of peace, happiness and purity from God. My desire is that all of you should experience this. Whenever we would meet Brahma Baba he would tell us that each of us would become a benefactor for the whole world. When Baba would talk about serving the world in this way, we would ask him what he meant. I was 8. I had not even seen a map of the world. Baba would say 'Child you have the blessing from God that you will become an instrument for the world'. When we told these things to our relatives they were amused. However, we had the faith that this was what God Himself was telling us. We told our relatives that the Gita tells of how the five pandavas faced millions of others and that they conquered the world. There were only five pandavas and there were 80 of us so we felt we could conquer many worlds! We felt that with our determination and faith we could do anything. In fact, with determination one can achieve anything.

Q. Seventy years ago women were considered as wives and mothers. They had little or no social status. Can you tell us how Brahma Baba had the vision that women could and would change their situation?

A. It took Brahma Baba a lot of courage to sort out everything that was happening when he became the instrument for God. At that time, in India women hardly ventured out of the house. However, when they heard the words 'you are a soul, God's child' the women forgot all social stigma and started to change.

Q. Please give us advice of how we can bring about personal change so that we can, in turn, bring about collective change.

A. The cause of sorrow, peacelessness and tension is the mind. We have forgotten what the mind is and how to discipline it. When we remember that we are souls, we understand that I the soul, have a mind. When you forget that you are a soul and not the body, the mind plays up. In soul consciousness I have authority over my mind and so I can control what I think and I can stop myself creating sorrow. Today, I would like you to take away the gift of becoming the master of your own mind. It is important to know God because by linking your mind with the Supreme, you will experience the happiness and joy that meditation brings.

Q. Dadi, please tell us your vision of the Golden Age.

A. Just think what the contrast is between the value of gold and the value of iron. There is going to be a total change. All the things we see here in this world; violence, untimely death etc. all will finish. There is a natural law that says when things reach an extreme point old things finish and there is a new beginning. When we look around we see conflict and violence in every family. What happens after mid-night? The dawn breaks. Here sorrow is reaching its extreme point and there will be a fresh start. In the golden age there will be nothing but happiness in every home and every family. The main thing is that because of performing wrong actions we experience the return which is pain and sorrow. In the Golden Age we just experience the fruit of the elevated actions we are performing now.

When I was 11 or 12, I had visions of the Golden Age. I saw a kingdom; not only did the rulers having everything but all the subjects also had that same level of attainment. In that world, everyone is fulfilled. There is nothing which is unavailable. Here because we want something but can't get it, we feel discontent. The blessing of this time is that god has given us a pen to draw our line of fortune as long as we choose. Do as much elevated action as you wish and you can create as much fortune as you choose. The fruit will be not be just for one birth for 21 births. That pen is now in your hands. Leave your peacelessness and sorrow behind here. Have the firm thought 'God take away all my weaknesses and give me all Your powers. People often say 'We like all this but we are too busy, we have too many burdens. It is ok to stay busy but do three things; just simply meet everyone with a smile. Do you know how to smile or should we give you training for this? Even if someone is angry keep smiling. Then offer them a drink. All of you have this drink. The drink of sweet words. Then offer dilkush toil the toli to make the heart happy. You cannot give excuses in this. You don't need to go shopping or prepare anything all of you have time for this. If you do this there will never be any conflict in your family. In every home there will be peace and then peace will move from home to home and the world will become peaceful.