

12th November 2003

Dadi Janki Evening Class – Pandav Bhavan, Mount Abu

QUESTION AND ANSWER INTERVIEW

Power of Spiritual Drishti

Q: Dadi, you have been giving classes on the subject of drishti (spiritual vision). What is it that you are seeing in a person so that you are constantly able to uphold what they are, even when they are not able to see it in themselves?

A: It is not my drishti. Baba is up above. Baba, You are visible and I should not be visible. It is not a matter of how. If you are not seeing how Baba is looking at you, you should invoke that awareness. What is the way in which Baba is looking at me? I can not allow myself to forget this. I took spiritual birth, which was through drishti. Everyone took spiritual birth through drishti, sustenance through drishti, and grew up through drishti and at the end there will just be Baba in your eyes and that's it. So this is like a continuing mantra through the eyes.

This drishti from Baba protects us, because we don't want to be under the influence of Maya (deception). This special drishti makes it impossible for other things to be in your head. Baba looks at us in such a way. He is the Sat Guru whose one glance can take us beyond. So, when you have seen how Baba's drishti can completely uplift a person who is really down and out. You think you know answers to everything and keep your mind busy in what you know but this is not necessary. Just simply take the drishti that frees the mind from everything. Sometimes you get caught in Maya and you need to be revived and this can be done in the form of drishti. This has been my experience.

Drishti can give birth; it can sustain a person and invokes within us courage and enthusiasm to stand up on our feet. Baba's drishti gives incredible happiness. Pay attention to this one aspect of Baba of how He looks at I, the soul; the way he has kept me in His eye. In this way I have received freedom in life and happiness. We have also become this and give the return. The heart desires to give the return of the happiness it has received. This is a desire from within.

We don't want anyone else to keep us in there drishti or be under their influence. We want to be free and be in the eyes of Baba because we don't want to come under the influence of body consciousness. Sometime someone will look at us in a body conscious way and pull us. We want to make sure that, that doesn't happen. So, if someone looks at us with hatred we then feel depressed or if someone praises us we then feel happy. My awareness is on Baba and that He is looks at me in such a way that everything gets done. I just have to be sure to look at myself the way Baba looks at me and then I start looking at everyone else in that same way.

Ekra's Drishti: Stable And Unchanging Vision

Q: What is the feeling you have behind your drishti? How do you maintain that pure feeling in a stable way in that drishti that sustains souls? When someone's stage goes down I have seen how you continue to help that same soul no matter how many times it has come down. How is it that you are able to see a person in a way that doesn't change?

A: Baba says you have to listen to the Murlis very carefully and eventually you will be fine. So, Dadi has this consciousness within that it is God that has said that this is His child from before. He is reminding this child that he/she is again the one that ultimately wins. See, I don't want to make a change in my drishti because then there will be a change in my attitude. That is not a Brahmin attitude that would be more like a Warriors attitude. If I change my drishti (vision) then my vriti (thoughts) has changed and if I have changed my vriti then my attitude and feelings have changed. That would be very harmful. God has brought us to a very high stage from a very low stage and He has done this with drishti. We felt that we could not get up and He says, "OK, no problem then I will bring you up". If you say, "No, I can't run on this path", then He will say, "No, I will make you able to do it". If I say that this one can't get up, or if I say any words or have any thought or in my drishti the thought that anyone couldn't make it, then how can I forget the attitude and words of Baba? I can not forget the words Baba has given regarding every soul. Baba say, "Yes, you are all number-wise in effort", but I could never use this expression for someone else. If I start looking at people's numbers then my number will start going down. You must never see yourself very high or very low. Nor should you see anyone else very high or very low.

Vision Of Family Love

If a person goes ahead in service one day and everybody praises them saying, "This is very good, very good", then Baba will say, "What is this?" It should be yes this person is good; he is getting Godly love and spiritual sustenance. We are not going to praise them and forget them. If they don't appear for class one day we should inquire why they are absent. In the early days if someone were absent I would wonder if they had gone away. Now there isn't that doubt that someone has gone away. What is the real reason that someone doesn't show for class? It is our duty to take care of each other. This is why we are a family. We are not just students. First and foremost this is a family. These are the people of the previous kalpa who have been lost and now found again.

One time I couldn't stop tears of love falling from my eyes. They were tears of love not of sorrow. The question arose in my heart, "God, in order to get to you I did all of this Bhakti (devotion). I took a jump and came to you." I did this to meet God. I didn't know I would get this big family as well. I became so merged in the love of the family at that moment with that realization of how much I loved the family. What do you need until you know Baba, recognize Baba, and have yoga with Baba? Until that time you need true love, which make you stay Baba's. The spiritual love that Baba gives it draws the soul to Baba.

Maintaining Someone's Honor In Adversity

Q: You came to Baba and now you have this big family, there is the question of harmonizing with all the different sanskars and people are sometimes afraid of that. How can we make sure that someone's weak sanskars don't influence me? If someone is easily irritated and gets angry, how do we make sure we don't get influenced?

A: Then keep your distance. If someone gets angry it's not necessary for you to go and talk to them.

Q: Suppose you can't get away from them and you live in the same house or work in the same space then what should you do?

A: It is a very simple answer to this. I wouldn't say this is a new thing. There are lots and lots of test papers that come. This is hardly a test paper. OK, this is explained in the Gita, the story of Arjuna. God said to Arjuna, not to worry this person is under an influence of their nature. Maya isn't anything else. It is just that this person has a strong personality. So, how can a person with a soft personality live with a person who has a strong personality? They find it difficult and they can't handle someone getting angry, but a really intelligent effort maker who has good discernment internally will understand that, that soul is an instrument and to not come under the influence. I should not fail this kind of test. If I can't meditate and I become exhausted in thinking about it and also talk to others about it, "Oh, Dadi, Mama, Baba, I can't do it". This I have never done and I will never will. We can't say, "That this person has a strong personality so what can I do?" I have found that people have learned a lot in such situations. This is actually a very useful thing. Whatever is a person's particular nature it is because people don't have respect for them? If you do talk to them with deep respect then they become all right. Anyone who is under the influence of their nature is because of a lack of self-esteem and is unable to change their nature. Internally they need to receive love and cooperation. They will say, "Everyone is complaining about me", and they become sorrowful about that. If someone were not to complain about them and would keep them in high regard and maintain their honor then they would melt and they would change. You would experience cooperation from them.

Is this possible? Do you understand this point? If I become soft and start crying all the time then Dadi will say, "OK, then leave that situation". Now if you were able to stay with that person who is with you and that person changed and you were able to get cooperation then in Godly service and within the Brahmin family this support of giving regard will make you close within the royal family. If you don't give respect and don't maintain your self-respect about these small matters then what kind of status would you get in the Golden Age?

Regard From the Heart Is Royal and Real

Q: Dadi, you say that we have to give regard, and sometimes we feel we have to give regard out of duty but you tend to give people regard from your heart.

A: When you give regard out of duty then, of course there is not the same results. This is because it is artificial and not natural. Anything that is fake doesn't work. No matter what that person is or what they are you have to give real regard.

Q: How can you get that real type of regard so that they feel that you belong to them? What kind of drishti should we have so that you genuinely feel that you belong to that person?

A: This is a very useful point. Now, suppose that I want to receive regard. The activity I do has to be worthy of that regard. If somebody is all right with me but not with other people then I have to have this regard for them. Otherwise, if those people don't have regard for me what would be the reason? There are many people in your connection, you can give them love and regard deeply from the heart, but If there is difficulty and they don't have regard for other people then it is our duty instill regard in other people for that person. It has to be true. We all have to pay attention to this and have everyone give regard for someone who is not regarded.

First is a person's nature and perhaps they are under the influence of their nature — now this would go for everyone. Everyone is under some influence of his or her nature. I would never want anyone to say, "Oh, this is Janki's nature". This would not keep my honor. If I have any such nature to remain heavy or not give anyone happiness or I create a barrier for someone, then this would create an obstacle for the realness and royalty of the self. This sort of thing gets in the way and I am not useful for Baba if this happens. I have to make sure I don't get caught up in anything. There are millions of souls in the world and Baba selected this soul. Baba is still 'everything' for that person. In Baba's remembrance there has to be no one else but Baba. Even if somebody has fallen to the ground let them get up once again. This feeling should always be in our heart for others. Then the transformation in that person is going to cause everyone to have great regard for that person.

Do you understand? I will not let the regard for that person go. In my mind I cannot hold any disregard or focus on their ill behavior that may cause disregard. I have to have regard for the truth. I need to be aware of the truth and let the truth become clear in the awareness of that person's mind. Then that person can change. To give regard means to do things from a very truthful perspective. I cannot mix my stuff into it, but I have to make sure that something is being done in a real way. There are many that have had great transformation in their lives and because of that transformation everyone has had great regard for that person. There are such examples already and there will be many more.

Truth Cleanliness And Honesty

Q: Dadi, I have read that you have such recognition of truth and are completely dedicated and loyal to Baba to such an extent that you have been able to understand the truth deeply. So, what is the truth of God, what is the truth of gyan and shrimat and what is the definition of truth according to God, according to gyan, and according to shrimat?

A: Do all of you understand the depth of this question? There is a big difference between truth and cleanliness. Cleanliness makes you healthy and truth makes you wealthy. That is, your mind is healthy and your heart is clean. Nothing else is there like completely clean water. You need clean water to drink and you also need a clean glass to drink it from. Knowledge is absolutely clear. Just as in water you can see if there is anything mixed in, truth is absolutely transparent. Gyan is transparent. If there is a little speck in your eye then you can't see anything. It is not a matter of truth it is a matter of cleanliness. Make sure that no dirt gets mixed in the eye. Therefore, cleanliness makes you absolutely healthy. Truth and honesty makes you wealthy. As Baba says, 'churn the ocean of knowledge'. There should be good inculcation in the intellect and the arrow will do its work, but if there isn't cleanliness then the true knowledge is like ordinary cow's milk. Even for that you need a clean vessel to drink it in. If you put milk in an ordinary vessel it will go bad. In the same way the knowledge of God has to be placed in a very clean intellect.

People who have all kinds of stuff in their intellect are not able to absorb the knowledge. I use to give the example that if there is a hole in a vessel it doesn't matter how much water you put in it, it will still be empty because it leaks. It not only has to be clean but we have to make sure there is no hole in it otherwise it is always empty. If a person doesn't have clear knowledge then they don't understand that they are a soul or a child of the supreme soul. It doesn't matter how much they hear the knowledge doesn't stick. Why? Because their intellect is not clean or there is a hole in it. A hole means a doubt. Subtlety if there is any kind of doubt and the intellect isn't clean then it can't become true. They won't be able to understand the truth nor

take the truth because there is doubt inside. Doubt prevents you from becoming completely pure. It is not possible to even become semi-pure. They'd say, "Oh, it is very good, but....".

When it emerges from your heart, "Oh Baba, thank you", with great love. Then Baba has given it to you. Baba says you have to become love-full and knowledge-full, make sure there are no cracks or holes, but first you have to become mercy-full. Not just a bit of mercy but fully merciful, merciful towards your own self. Knowledge means that this arrogance of the body has to be removed and then the truth will automatically come in. Not just your eyes have opened but your power of discernment and judgement will come. You will know what to focus on and what to withdraw from because you have the power of truth. It doesn't take you long because you know what to do and what not to do.

First you need cleanliness so that there is faith. What is all the garbage inside that doesn't allow you to have total faith? Who is the One who is teaching? Do you realize who it is that you are in front of? Therefore, the recognition of truth is that you recognize that the Supreme Soul is teaching you. There is power in this. Then you realize that you don't have any need and that you are not impressed by anybody, because you have got the truth and you know what falsehood is, so you are not interested in it.

Even before knowledge, Baba would see that I was not able to tell a lie. Baba would say don't talk to people who tell lies, because there will be sin on your head. OK, if you tell the truth, then come to Baba. God is happy with truthful ones, everyone is happy with that, because there is power in the truth. This is a very simple thing and is very valuable. Internally in the soul there is the feeling that God has given me true happiness and then they go into super sensuous joy. They say, "God has given me true happiness". They are merged in love with Baba. They say that God has given them this.

Moving With Time And Moving With Others

There needs to be the recognition of not wasting time. It should all be used properly, because time has given us a lot of cooperation. According to time, God has come, but we have taken great advantage of the available time. There is still time. What do we have to do? This is the experience of time cooperating with you. Then you feel you have the time to do what you have to do and that is to stay in remembrance. Then wherever you are you feel you have the time to do service. You should never have to say, "Oh I am not very useful".

There is great enjoyment in saying yes, 'Ha ji'. Then one person asked me, "Should you say 'ha ji' for everything?" I had said there is great pleasure in saying yes to everything and this person responds, should you say 'ha ji' for everything? So, I simply told them that there is great benefit in saying 'ha ji'.

If I am not here, in Madhuban, Dadi Ji is remembering me with great love, because if anyone were to ask me to do anything I would say 'ha ji'. There is not a question of difficulty. It is a matter of a relationship of love. Sometimes they want your hand, so you give your hand. If you are always in front of the Lord, does He have a right on you? Since you are always available to the Lord the Lord is available to you. I have this experience that the master is always present at anytime, because I said 'ha ji'.

Becoming A True Authentic Person

What is my original true form? Go deep into that. Ask yourself, to what extent has falsehood got into I the soul? Set aside the world and everything else. I am a living soul. I am sitting here, but within I the soul I must look inside and realize my own self. If there is truth then there is the original stage of truth in the soul. The whole recognition of the soul is such that it removes and separates what is false so that what is true remains. When a person connects with that truth then there is the power of peace that comes. Then you say, "Wah, my Baba". This is the true Supreme Soul that has enabled the soul to regain its original and eternal stage. This is what I was and what I am eternally. Then you say Baba now I have understood. That is true knowledge.

In establishing all relationships with God there is so much power that it makes you free from attachment of the body. There is then clear understanding that this is the body and that is the body's world. Therefore there is no attraction to it. The sense organs have become serene and quiet because of the true knowledge of God. I have attained a true kingdom of the senses. The mind has become clean, the intellect has become clean, and the sankaras of the original moments have emerged. When this true knowledge is used in this way then you become a true authentic person. This understanding is there but you are not using it. If you have a sword and don't use it, it will get rusty. Then it doesn't feel that you have true knowledge within you. We need to recognize value of your own self and the value of this knowledge. Then people will realize this is truth. You yourself as a blind one got light and people will say yes this is true. When a blind one gets eyes, darkness disappears then peace and happiness come. All of this happened because of truth.

The Power Of Truth Does It's Own Work

My sweet Baba is here in this place of Brahma Baba the place of tapasya; this is the power of truth. There is power in this place of truth. The Supreme Soul is truth, knowledge is truth and then the sound emerges from within. When I the soul have understood so much from true knowledge and have absorbed so much power then I am alive, but if I don't have truth then there is no power. Even now if there is any submission to Maya then this means there is less power of truth. There is no power in the self. If God is to fill truth in you then you have to see that your vessel (intellect) is of gold. Make sure you know that your vessel is gold then watch how God fills it. We will not be empty but the power of truth does its own work. If you do service and become empty then it means there is no power of truth. If you get angry, irritated, or tired it means that there is no truth. Truth is not working for you.

This is what I have to do. If your attention goes here and there then the work never gets done. First I have to make myself pure and find my eternal original form. This is a very simple matter but it's a matter of going deep within. I have to ask myself what do I have to do for myself and make sure that I understand that God will get done whatever He has to do for the world. Never forget that I have to do what I have to do and Baba has to do what has to be done for the world. I don't have any worries for the world. The work I have to do on myself, if I leave it half done then whatever you do for the world will make you forget yourself. You will find there is a lot of effort and little result. As days go by I will feel like I am not making any effort at all. It is fortune that makes you an instrument for something. Fortune made me the instrument and God got His work done through it. You don't have to do any more than this but you have to do true work, because truth gets it's own work done. All the work of the establishment is about truth doing it's own work.