

## **Copenhagen Climate Change Conference - BK Delegation Report Tuesday, 15th December.**

Klima Forum

### **Meditation**

A group of 35 people gathered from 8 to 9:15 am for a powerful meditation conducted by Sis Jayanti. First there was a deep 15 minute silence and then she explained about the soul, the Supreme Soul, and the home of souls, each followed by a guided meditation on the same subject.

### **Mind and Matter Panel and interview**

At 10am about 60 people gathered to listen to a panel discussion organized by the Brahma Kumaris. The room gradually filled to capacity with standing room only.

Sonia asked sis Jayanti to share her perspective on mind and matter and sister Jayanti responded by sharing her observations on how positive and negative thoughts and emotions impact the body.

She continued by saying that meditation is a means of looking inside and seeing what is happening and transforming the quality of our thinking so that it becomes elevated. The effect of this should last longer than the 20 or 30 minute of a meditation. With practice our consciousness will stay elevated throughout the day. This will then impact our energy level and all relationships; not just with ourselves but also with others. When we connect with the spirit in each other, the beings of light that we are, respectful relationships are developed; with others as well as with matter.

Then Sonia asked Golo to share his experience with solar energy. He explained how 15 years ago as a spiritual person he got very interested in the question of energy. Coming from Germany, power cuts and shortages were not something he was familiar with and so when he travelled to India and experienced these first hand he became interested in providing efficient solutions to the energy problems there.

He shared how he managed to gradually interest the community of yogis in setting up a solar system, until it has now become the largest in India. He explained that the solutions they had found for India worked very well but that every country, region or even individual, had its own situation and that consulting an expert was important in finding local solutions.

There were many questions from the audience and both Golo and Sister Jayanti responded, sharing that being friendly to the environment meant changes in lifestyle. Vegetarianism for instance makes a huge difference to your personal carbon footprint and is part of acting responsibly towards matter. Sis Jayanti shared some of the spiritual laws connected to matter; and how if you use thoughts, time, energy, and money in a worthwhile way you will never lack these resources. She also explained how our vibrations when in connection with the divine can affect the world. She shared how in the Brahma Kumaris, our elders lead by example; demonstrating in their life the practical result of all these spiritual laws.

Golo also answered many questions on the use of alternative energies, saying how being spiritual does not just mean sitting on a cloud and do nothing but means finding practical adaptation solutions to the situations and problems arising. In response to a question from a person facing

problems in the community, he shared the need to learn to give your ideas as a master and accept the decisions as a child.

BapDada's meeting happened in the afternoon and so the Copenhagen family and international BKs settled down to enjoy our Father's company, while snow swirled outside. We felt that Baba's comments on nature were very appropriate to what was happening here.

After mediation in the evening we had a follow-up meeting to discuss the future of the BK Environment Initiative - and we will keep you posted on developments. This was our last evening with Sister Jayanti and so we were appreciating the wonderful 10 days of service and family.

### **Copenhagen Climate Change Report - BK Delegation - Wednesday 16<sup>th</sup> December**

Sister Jayanti departed from Copenhagen after breakfast, and there were many fond farewells - It had been such a special time for all of us spending these 10 days together and everyone was so appreciative of Sister Jayanti's presence.

COP15 - because of the planned demonstrations to enter the Bella Center by force, our delegation decided not to go the Bella center today, but instead to focus on our events and stand at the Klimaform.

Invitation to speak at the European Environment Agency's program. As a follow-up to yesterday's panel discussion with Sister Jayanti and the KlimaForum, Golo was invited to give a presentation at the European Environment Agency on Chronicles of Ecotopia - Imagining Sustainable Futures. He presented the work of the Brahma Kumaris Solar Energy Initiative in India and also the "Village for the Future, a sustainable settlement with innovative buildings with sustainable farming and lifestyle.

### **Side Event of the Brahma Kumaris Solar Energy**

Golo then cycled to the KlimaForum (in true sustainable style) to give a longer presentation on the Brahma Kumaris Solar Energy Initiative and the Village for the Future, to a full room of NGOs. He again gave a very good presentation, where he also explained the importance of the change in our consciousness and how it effects our actions and helps us to change our habits which have lead to these unsustainable lifestyles. He interjected a lot of humor and asked how many in the gathering were vegetarians and surprisingly - half of the audience raised their hands. Perhaps at last vegetarianism may begin to make headway as it is now being shown that by becoming a vegetarian 50% of your personal carbon footprint is reduced!

### **Interview with young American independent documentary filmmaker**

Julia was interviewed by Margaret Thomas, who also did some work The Esalen Institute an alternative educational center/health spar in BigSur, California. She was interested in our perspective of consciousness making an impact on matter and also of how we work with the UN.